

# How do I apply 3 layer compression bandaging with Tubular **Form**™ tubular compression bandage ?

## Why would I use 3 layers of Tubular **Form**™ ?

- Weller et al. Wound Practice & Research 2010 shows that 3 layers of Tubular Form straight is useful to inform future compression bandages studies that plan to measure venous ulcer healing rates
- Bale S, Harding KG. Br J Nurse. 2003 shows that tubular bandages are useful for managing patients who cannot tolerate therapeutic forms of compression

## How do I measure for the correct size Tubular **Form**™ ?

- Always measure smallest circumference (ankle) to select the correct Tubular **Form**™ bandage size and refer to table below
- Each bandage length is determined from measuring along back of the toes around the heel to desired length along the leg (Long, Medium, Short)

## How do I apply?

- Apply **Long 1st**, **Medium 2nd** and **Short 3rd** (refer diagrams)

## What if the patient is unable to tolerate 3 Layers?

- Simply remove **Layer 3** (short) first, then if patient is still unable to tolerate remove **Layer 2** (medium)

## What if I am unsure of the patients vascular condition?

- Always consult physician if unsure of patient's vascular condition
- This method of compression therapy is recommend for Venous Insufficiency



**Tubular **Form**™ Measuring guide**  
(ankle circumference)

15-25cm	26 - 35cm	36 - 44cm	45 - 50cm	51 - 60cm
<b>Size C</b>	<b>Size D</b>	<b>Size E</b>	<b>Size F</b>	<b>Size G</b>

### 1 LONG



**LAYER 1**  
FROM BASE OF TOES TO BACK OF KNEE

### 2 MEDIUM



**LAYER 2**  
FROM BASE OF TOES TO MID CALF

### 3 SHORT



**LAYER 3**  
FROM BASE OF TOES TO MID POINT BETWEEN MID CALF AND THE ANKLE